

RAFFLES NURSERY
VEGETARIAN LUNCH BOX FOR DECEMBER 2017

DAY	WEEK 1 (03-07.12.2017)	WEEK 2 (10-14.12.2017)	WEEK 3 (17-21.12.2017)	WEEK 4 (24-28.12.2017)	WEEK 5 (31.12.2017)
SUNDAY	UAE NATIONAL DAY	Spring Vegetable Cacciatore Sauté Mixed Pumpkin and Snow Peas Balsamic Roast Potato with Wedges Fruit Yoghurt	Vegetable Biryani Three Beans Casserole Fruit Yoghurt	WINTER BREAK	
MONDAY	Baked Vegetable Nuggets Vegetable Chopsuey Jasmine Rice Fruit Yoghurt	Paneer Mushroom with Light Curry Sauce Teriyaki Green Beans and Carrots Oriental Rice Custard	Baked Vegetable Balls with Sweet and Sour Sauce Ginger Glazed Carrots Smiley Potato Vermicelli Pudding		
TUESDAY	Butter Beans Stew Ginger Glazed Carrots Minted Potato Carrot Pudding	Vegetable Cacciatore Sauté Sweet Corn and Green Peas Baked Potato Diced Pineapple	Baked Vegetable and Potato Patties with Salsa Chinese Vegetable Stir Fry Tomato Rice Orange Smiley		
WEDNESDAY	Pasta with Lentils Boiled Carrots and Sweet Peas Fresh Watermelon Cubes	Mini Pasta with Vegetable Meatballs in Tomato Sauce Sliced Carrots Ala Camille Carrot Cake	WINTER BREAK		
THURSDAY	Mixed Vegetable Manchurian Sauté Cabbage and Red Pumpkin Mexican Rice Lemon Pie	Roasted Pumpkin Cannelloni Assorted Grilled Vegetables Peas Pilaf Rice Rockmelon Sticks			