

**RAFFLES NURSERY (VEGETARIAN MENU)
LUNCH BOX FOR THE MONTH OF JANUARY 2018**

WEEK 2	WEEK 2 (07-11.01.2018)	WEEK 3 (14-18.01.2018)	WEEK 4 (21-25.01.2018)	WEEK 5 (28-31.01.2018)
SUNDAY	Lemon and Parsley Potato Mushroom Stroganoff Carrots in Dill	Lemon Rice Vegetable Cacciatore Boiled Carrots and Sweet Peas	Jasmine Rice Vegetable Makhanwala Saute Cabbage and Red Pumpkin	Butter Beans Stew Steamed Coin Carrots and Turnip Champ Potato
MONDAY	Tomato Rice Paneer Mutter with Light Curry Sauce Honey-glazed Beetroots and Carrots	Creole Roast Potato Mushroom Stroganoff Steamed Sweet Corn and Green Peas	Chateau Potato Vegetable Fajitas with Tofu Saute Peas and Carrots	Vegetable Machboos Vegetable Casserole
TUESDAY	Coriander Potato Vegetable Cacciatore Saute Sweet Corn and Green Peas	Mint & Coriander Rice Vegetable Ala King Saute Cut Green Beans and Carrots	Mushroom Rice Grandmas Vegetable Casserole Honey-glazed Beetroot and Carrots	Ravioli Provencale Zesty Green Peas & Squash Savoury Roast Potato
WEDNESDAY	Pasta in Pink Sauce with Asparagus & Artichoke Assorted Grilled Vegetables	Mini Pasta with Spinach in Creamy Sauce Assorted Grilled Vegetables	Shell Pasta with Vegetables Assorted Grilled Vegetable	Bow Tie Pasta with Sundried Tomato Sliced Carrots Ala Camille
THURSDAY	Jasmine Rice Vegetable Greek Style Sauté Green Beans	Jasmine Rice Vegetable Chopsuey Saute Cabbage and Red Pumpkin	Vegetable Biryani Vegetable Cacciatore	