

**RAFFLES NURSERIES**  
**VEGETARIAN LUNCH BOX FOR JUNE 2018**

DAY	WEEK 1 03-07.06.2018	WEEK 2 10-14.06.2018	WEEK 3 17-21.06.2018	WEEK 4 24-28.06.2018
SUNDAY	Chinese Vegetable Stir-Fry Steamed Sweet Corn and Green Peas Nasi Goreng (Vegs.) Fruit Yoghurt	Vegetable Cacciatore Sauté Sweet Corn and Green Peas Peas Pilaf Rice Fruit Yoghurt	<b>EID AL FITR</b>	Mini Vegetable Patties in Onion Gravy Assorted Grilled Vegetable Brown Rice Fruit Yoghurt
MONDAY	Vegetable Cutlets in Tomato Sauce Steamed Carrots and Cut Beans Garlic Rose Mary Potato Vanilla Custard	Paneer Mushroom with Light Curry Sauce Teriyaki Green Beans and Carrots Oriental Rice Banana Custard	Roasted Pumpkin Cannelloni Assorted Grilled Vegetables Kashmiri Pulao Fruit Yoghurt	Spinach Dumpling with Tomato Sweet Pepper Sauce Sauté Cut Green Beans and Carrots Mushroom Rice Orange Custard
TUESDAY	Vegetable Ratatouille Mushroom Rice Roasted Beetroot and Carrots Orange Smiley	Mixed Vegetable Manchurian Sauté Mixed Pumpkin and Snow Peas Balsamic Roast Potato with Wedges Fruity Mini Muffin	Mixed Vegetable Manchurian Steamed Sweet Corn & Green Peas Rosemary Roast Potato Summer Fruit Trifle	Vegetable Stew with Baby Corn & Mushrooms Zesty Snow Peas & Squash Baked Croquette Potato Fruity Mini Muffin
WEDNESDAY	Greek Style Mini Pasta with Roasted Vegetables Assorted Grilled Vegetables Fruit Salad	Mini Pasta with Vegetable Meatballs in Tomato Sauce Sliced Carrots Ala Camille Diced Pineapple	Farfalle Pasta with Vegetables in Pink Sauce Sliced Carrots Ala Camille Mixed Melon Cubes	Pasta Formaggio with Vegetables and Three Herbs Sliced Carrots Ala Camille Mouhalabieh
THURSDAY	Vegetable Chopsuey Sauté Peas and Carrot Sticks Jasmine Rice Fruit Custard	<b>EID AL FITR</b>	Balsamic Grilled Vegetables with Orange Rosemary Sauce Sauté Cut Green Beans & Sweet Corn Mexican Rice Strawberry Custard	Vegetable Makhanwala Boiled Carrot Sticks and Peas White Rice Baked Cinnamon Apples